

WHO WE ARE

START (Short Term Adolescent Residential Treatment) is a residential drug treatment program for females ages of 13 to 18. The program is located in Fayette County. We have been in operation since 1993 under the auspices of the Northwest Alabama Mental Health Center. The program is certified by the Alabama Department of Mental Health (ASAM Level III.5) and meets all federal, state, and local facility requirements.

Priority is given to pregnant females, females with dependent children, IV drug users, and those with HIV.

WHO WE SERVE

We serve adolescent females who suffer from drug and/or alcohol use disorders. The criteria and procedure for admission is as follows:

1. Be from 13—18 years of age
2. Be a resident of the State of Alabama
3. Have a primary substance use disorder diagnosis.
4. Have a recent physical, pregnancy, STD, and TB test.
5. Be willing to participate in treatment
6. Be free from mood altering chemicals
7. Be free from homicidal and suicidal ideations and/or severe behavioral problems
8. Have psychotic symptoms medically treated

START will admit pregnant females after the 1st trimester

WHAT WE BELIEVE

- That addiction is a chronic, progressive, incurable, and sometimes fatal disease
- That if left untreated the disease will severely interfere with the ability to function in one or more areas of life
- That treatment works—those who get and stay in treatment, and actively work a recovery program, can live free from addiction's devastating effects
- That there is an intrinsic worth in every human being and that all people should be treated with respect and dignity
- That we can change no one, but with the right motivation and tools, they may change themselves
- That each person must take full responsibility for their own actions and their recovery

WHAT WE OFFER

- A structured, supervised living environment
- Group therapy designed to break through defense mechanisms and gain the tools for recovery
- Individual therapy
- Family therapy and education to help families in their recovery
- Peer support services to aid recognition that each person with addiction is not alone.
- Didactic education in addiction, recovery, 12-steps, self-esteem, and other topics deemed necessary
- Therapeutic Recreation
- School
- A caring, supportive, encouraging, but firm approach with each client to foster personal growth
- An opportunity

HOW LONG

The program is from 60 to 90 days. Length of stay is dependent on individual progress and clinical needs.

HOW MUCH DOES IT COST

Medicaid or All Kids insurance, personal insurance. Applications for Medicaid insurance can be completed upon admission if needed

REFERRALS

Anyone may make a referral to START. Juvenile courts, DHR, schools, family, and other service providers are common referral

Needed PRIOR TO ADMISSION:

1. Physical examination
2. TB screen
3. STD screening
4. Pregnancy test
5. Psychosocial assessment

REQUIRED UPON ADMISSION:

1. Personal items (see checklist)
2. Photo ID
3. Social Security Card
4. Insurance verification or verification of household income

Information can be faxed to:

205-442-7053

Attention: Admissions

START Program

2584 Hwy 96

Fayette, AL 35555

The START Program is an integral part of the overall Substance Treatment continuum of care provided by the Northwest Alabama Mental Health Center. This includes Prevention, Intervention, Treatment (adult and adolescent outpatient and adolescent female residential) and Aftercare Programs.

The goals of the START Program are to provide effective treatment opportunities for adolescent females that suffer with chemical dependency issues in the State of Alabama.

Please support us in this effort by “holding hands” with us and other agencies in our area to combat these problems and help us make a positive change for those that struggle with drugs, dysfunctional family problems, and other mental health related problems. For more information, please call: 205-442-7049

Visit our website for the list of approved items to bring to treatment and the form for the required physical exam.

www.nwamhc.com

START Program

2584 Hwy 96
Fayette, AL. 35555

Phone: 205-442-7049
Fax: 205-442-7053

The START Program

**Providing Alabama’s Female
adolescents a new START on the
road to recovery**

**www.nwamhc.com
Updated 4/21**

